



Becoming A Member of the Men's or Women's AfterCare Group

Membership Requirements:

- Be an adult (18 years old) active in any Christian Church in Charles or surrounding Counties.
- Complete a background investigation. (Required for AfterCare Group members to volunteer inside the Jude House Recovery Facility [JHRF], not required for Stephen Minister Mentors cleared to volunteer inside the Charles County Detention Center [CCDC])
- Complete all training necessary to meet the objectives below. Total training time 15 hours, not counting time to complete reading assignments before class. (About eight weeks—assuming two hrs. /week at Grace Lutheran Church & School [GLCS].)
- When members of the Shoppers Group are not available, one may be asked to volunteer to shop for client/returning citizen's resource needs.
- Attend In-Service Training as scheduled by the Director or Assistant Director of GLCS Prison & Recovery Ministry.

Training Objectives:

- Provide a new group of friends dedicated to sharing the love of Christ and a hope of a new beginning to clients in the Jude House Recovery Facility and to returning citizens from any recovery/correctional facility.
- Reduce recidivism.
- Know specific emphasis for respective AfterCare Group.
- Know the background factors shared by most offenders/clients.



- Know where to find resources to meet the need(s) of returning citizens.
- Complete the following modules from the Stephen Minister Training Course as modified to distinguish application differences between a congregational and prison ministry environment*:
 - 2—Feelings: Yours Mine, and Others,
 - 3—The Art of Listening,
 - 5—Process versus Results in Caregiving,
 - 7—Maintaining Boundaries in Caregiving, and
 - 9—Confidentiality.
 - 11—Using Mental Health Professionals and Other Community Resources
- Know procedures for AfterCare at Grace Lutheran Church and School.
- Know location of Main JHRF and how to obtain the address for each of the Women’s night facilities.
- Know procedures for entry into and exit from the Main Jude House Recovery Facility for Men’s AfterCare.
- Know procedures for providing the AfterCare program to female clients.
- Know precautions to observe when working with Jude House Clients and/or Returning Citizens from any Correctional Facility or Recovery Facility.
- Know how to edit the Contact Record Sheet PDF, save it and e-mail it.

IN-SERVICE TRAINING:



In-Service Training will be scheduled by the Dir., GLCS Prison & Recovery Ministry as follows:

- When no members of the Shopper Group are available, training will be given for the use of the Prison-Recovery Ministry Shopping Procedure.
- When changes occur in any of the normal AfterCare training procedures.

GLOSSERY

- Offender—a term used to identify an incarcerated individual.
- Client—a term used to identify an individual in a recovery facility.
- Returning Citizen—a term used to identify an individual that has been released from a correctional and/or recovery facility.

AfterCare

- First and foremost, AfterCare provides a new group of friends dedicated to sharing the love of Christ and a hope of a new beginning to ex-offenders (returning citizens) from correctional and recovery facilities. Primarily, we work with returning citizens from the local Charles County Detention Center (CCDC) in La Plata, with clients in the Jude House facilities at Bel Alton and Waldorf, and returning citizens from the JHRF.
- Recognizing that until one's basic needs are met, it is difficult to achieve our first objective. Accordingly, we provide food, clothing, small appliances, footwear, tools, and/or toiletries. Additionally, transportation help may be provided by an AfterCare



team member or the returning citizen may be given VanGo tickets. Help may also be provided with resumes.

- Meetings occur every Tuesday evening as follows:
 - Men's and Women's AfterCare participants meet at GLCS from 7 – 8:30 PM—initially meeting in separate men's and women's groups until the Praise & Worship portion of the program.
 - Men's AfterCare also meets at the Main JHRF from 8 – 9 PM.
 - Female clients may be transported by GLCS Van from the Main JHRF to GLCS. If the clients are not allowed to come, at least one member of the women's AfterCare group goes to each of the two Jude House night facilities to present the AfterCare Program. These program presentations occur between 7 – 8 PM. Also, at least one of the women's team remains at GLCS for the 7 – 8:30 PM program presentation at GLCS.
 - JoLynn Uplinger coordinates all assignments of female AfterCare presenters to Jude House facilities with the Lead Female Counselor, Pam Neal-Robinson. JoLynn also assigns presenters for the Women's AfterCare program at GLCS.
 - Paul Lenker coordinates all assignments of male AfterCare presenters to the Main Jude House facility with the Lead Male Counselor, Steve Brown. Paul also assigns presenters for the Men's AfterCare program at GLCS.
 - Both men's and women's AfterCare at GLCS follow the same format:
 - Gathering time:
 - Take prayer requests



- Find out if anyone has a need for resources and have them complete the needs request form.
- Get name tag
- Distribute resources to individuals who previously requested resources.
 - Bible Study
 - Both the men's and women's groups are brought together for Praise and worship singing.
 - Both men and women pray together in a Round of Prayer
- Both men's and women's programs at a JHRF consist of recording attendance, determining if there are any resource needs requests, distributing resource needs previously requested, Bible Study and closing prayer.
- When shoppers are not available, AfterCare group members may be asked to perform shopper duties.

BACKGROUND INFORMATION ON THE STEPHEN MINISTRY AT STEPHEN MINISTRIES IN ST. LOUIS, MO.

- The Stephen Ministry was founded to equip Christians to provide distinctively Christian care to hurting people—people who find themselves in situations such as the death of a love one, the loss of a job, divorce or separation, health issues, imprisonment or many more.
- The ministry's name comes from a man identified in the Bible as Stephen. He was one of six men commissioned by the Apostles to give Christian care to the widows of Jewish men who had followed Greek practices, Acts 6: 1-6. Stephen was full of faith and of the



Holy Spirit, equipping him to provide distinctly Christian care to those whom he was called to serve.

- * The Stephen Minister course from the Stephen Ministries at St. Louis is designed for use in a congregational environment. Many situations/issues facing one working in a correctional/recovery environment are different from those in a congregational environment. E.G., Point out areas in the Stephen Minister training modules where a physical helping hand may be more appropriate because the returning citizen does not have the needed resources or education.